## S.F. TRACK CLUB

**April - 2024** 



SUN	MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
				<b>BYU Inv. Tr Region H.S.</b> <b>State H.S. Tr</b>	Track Meet	Below in May!
7	8	9	10	the Track clu watch if they	gh School track b members ma so choose to do part of the Tra	y attend to so! These
14	15 Track Club Practice 5:00-6:00 pm @ SF Jr. High Track	16	17 Track Club Practice 5:00-6:00 p	18	19	20
21	22 Track Meet @ Salem HS Track 5:30p - Field Events 6:00p - Run events	23	24 Track Club Practice 5:00 - 6:00 pr	25	26	27
28	29	30	1			
	Track Meet @ Span.Fork H.S. 5:30p Field events, 6:00p Running					
y - 202	24 Span.Fork H.S. 5:30p Field events, 6:00p Running SF J	<ul> <li>Practices wi</li> <li>r. High School</li> </ul>	1	- 600 E. 700 S.		
y <b>- 20</b> 2 sun	Span.Fork H.S. 5:30p Field events, 6:00p Running	Practices wi	, Spanish Fork Wednesday	- 600 E. 700 S. THURSDAY	FRIDAY	SATURDAY
	24 Span.Fork H.S. 5:30p Field events, 6:00p Running SF J	<ul> <li>Practices wi</li> <li>r. High School</li> </ul>	, Spanish Fork Wednesday 1	- 600 E. 700 S.	FRIDAY 3	4 Track Meet @ Springville H.S. 9:30a Field ever 10:00a Running
	24 Span.Fork H.S. 5:30p Field events, 6:00p Running SF J	<ul> <li>Practices wi</li> <li>r. High School</li> </ul>	, Spanish Fork Wednesday 1	- 600 E. 700 S. THURSDAY	FRIDAY	4 Track Meet @ Springville H.S. 9:30a Field ever 10:00a Running
	24 Span.Fork H.S. 5:30p Field events, 6:00p Running SF J	<ul> <li>Practices wi</li> <li>r. High School</li> </ul>	, Spanish Fork Wednesday 1 Track Club Practice	- 600 E. 700 S. THURSDAY	FRIDAY 3	4 Track Meet @ Springville H.S. 9:30a Field ever 10:00a Running
SUN	6 Span.Fork H.S. 5:30p Field events, 6:00p Running SF J. MONDAY	Practices wi r. High School TUESDAY	<ul> <li>Spanish Fork</li> <li>Wednesday</li> <li>1</li> <li>Track Club Practice 5:00-6:00 p</li> <li>8</li> <li>No Practice</li> </ul>	- 600 E. 700 S. THURSDAY 2	FRIDAY 3 BYU - HS	4 Track Meet @ Springville H.S. 9:30a Field ever 10:00a Running Track Meet
SUN	6 Frack Club Practice 5:30p Field events, 6:00p Running SF J. MONDAY	<ul> <li>Practices wi</li> <li>r. High School</li> <li>TUESDAY</li> <li>7</li> <li>14</li> </ul>	<ul> <li>Spanish Fork</li> <li>Wednesday</li> <li>1</li> <li>Track Club Practice 5:00-6:00 p</li> <li>8</li> <li>No Practice</li> </ul>	- 600 E. 700 S. THURSDAY 2 9 Track Meet 16	FRIDAY 3 BYU - HS 1 10 17	Track Meet @ Springville H.S. 9:30a Field ever 10:00a Running Track Meet 11
<u>SUN</u> 5	A Span.Fork H.S. 5:30p Field events, 6:00p Running 2:4 MONDAY 6 6 6 Track Club Practice 5:00-6:00 p 13	<ul> <li>Practices wi</li> <li>r. High School</li> <li>TUESDAY</li> <li>7</li> <li>14</li> </ul>	<ul> <li>Spanish Fork</li> <li>Wednesday</li> <li>1</li> <li>Track Club Practice 5:00-6:00 p</li> <li>8</li> <li>No Practice</li> <li>Region H.S.</li> </ul>	- 600 E. 700 S. THURSDAY 2 9 Track Meet 16	FRIDAY 3 BYU - HS	Track Meet @ Springville H.S. 9:30a Field ever 10:00a Running Track Meet 11
<u>SUN</u> 5	Span.Fork H.S. 5:30p Field events, 6:00p Running 2.4 MONDAY 6 6 6 Track Club Practice 5:00-6:00 p 13 Track Meet @ Payson H.S. 5:30p Field events 6:00p Running 20	<ul> <li>Practices wi</li> <li>r. High School</li> <li>TUESDAY</li> <li>7</li> <li>14</li> </ul>	<ul> <li>Spanish Fork</li> <li>Wednesday</li> <li>1</li> <li>Track Club Practice 5:00-6:00 p</li> <li>8</li> <li>No Practice</li> <li>Region H.S.</li> <li>15</li> <li>Track Club Practice</li> </ul>	- 600 E. 700 S. THURSDAY 2 9 Track Meet 16	FRIDAY 3 BYU - HS 1 10 17	Track Meet @ Springville H.S. 9:30a Field ever 10:00a Running Track Meet 11
SUN 5 12	6 Track Club Practice 5:30p Field events, 6:00p Running 6 7 7 7 7 7 7 7 7 7 7 7 7 7	<ul> <li>Practices wi</li> <li>r. High School</li> <li>TUESDAY</li> <li>7</li> <li>14</li> <li>21 Graduation:</li> </ul>	<ul> <li>Spanish Fork</li> <li>Wednesday</li> <li>1</li> <li>Track Club Practice 5:00-6:00 p</li> <li>8</li> <li>No Practice</li> <li>Region H.S.</li> <li>15</li> <li>Track Club Practice 5:00-6:00 p</li> <li>22 Graduation:</li> </ul>	- 600 E. 700 S. THURSDAY 2 9 Track Meet 16 State 23 23 Region Meet	FRIDAY 3 BYU - HS 1 10 17 H.S. Track Me	Track Meet @ Springville H.S. 9:30a Field even 10:00a Running Track Meet 11
SUN 5 12	<ul> <li>Span.Fork H.S. 5:30p Field events, 6:00p Running</li> <li>2.4</li> <li>MONDAY</li> <li>6</li> <li>6</li> <li>6</li> <li>Track Club Practice 5:00-6:00 p</li> <li>13 Track Meet @ Payson H.S. 5:30p Field events 6:00p Running</li> <li>20</li> <li>Track Club Practice</li> </ul>	<ul> <li>Practices wi</li> <li>r. High School</li> <li>TUESDAY</li> <li>7</li> <li>14</li> <li>21 Graduation:</li> </ul>	<ul> <li>Spanish Fork</li> <li>Wednesday</li> <li>1</li> <li>Track Club Practice 5:00-6:00 p</li> <li>8</li> <li>No Practice</li> <li>Region H.S.</li> <li>15</li> <li>Track Club Practice 5:00-6:00 p</li> <li>22 Graduation:</li> </ul>	- 600 E. 700 S. THURSDAY 2 9 7 7 7 7 8 9 7 7 7 7 8 7 8 7 8 7 8 7 8	FRIDAY 3 BYU - HS 1 10 17 H.S. Track Me	Track Meet @ Springville H.S. 9:30a Field even 10:00a Running Track Meet 11