

SOUTH COUNTY RECREATION WRESTLING

REVISED11/3/2016

MATCH SCHEDULE 2016

All matches will be wrestle till you drop format wrestlers should get 2-3 matches per night

| Date | Pre K-1ST | Pre K-1ST | 2 ND -3 RD | 4 TH -6 TH |
|------------|---|---|--|----------------------------------|
| Wed Nov 2 | Mapleton Jr High (Mapleton, SF, Payson,) | Springville Jr High (Sprv, Salem, Santaquin,) | Diamond Fork Jr | Mt Nebo Jr High |
| Wed Nov 9 | Diamond Fork Jr (SF ,Mapleton, Salem.) | Payson Wilson (Payson, Sprv , Santaquin) | Salem Jr High 2ND-5:30-6:30 3RD 6:30-730 | Springville Jr High |
| Wed Nov 16 | Payson Wilson (Payson, Sprv, Mapleton) | Salem Jr High (Salem, SF , Santaquin) | Mapleton Jr. High 2ND-5:30-6:30 3RD 6:30-730 | Spanish Fork H.S. |
| Wed Nov 23 | No Matches | No Matches | No Matches | No Matches |
| Wed Nov 30 | Spanish Fork H.S. (SF, Payson, Sprv,) | Mapleton Jr High (Mapleton, Salem, Santaquin) | Springville Jr High 2ND-5:30-6:30 3RD 6:30-730 | Salem Jr High |
| Wed Dec 7 | Springville Jr High (Sprv, Mapleton, SF) | Salem Jr High (Salem, Payson , Santaquin) | Payson Wilson 2ND-5:30-6:30 3RD 6:30-730 | Mapleton Jr High |
| Wed Dec 14 | Mapleton Jr High (Mapleton, Sprv) | | | |

Match Start Times

| | | | | |
|--------------|-------------------|------------------------------|------------------------------|--|
| Pre-K - 5:30 | Kinder -1st -6:00 | 2ND - 5:30 | 3rd - 6:30 | 4 th - 6 th 5:30 |
|--------------|-------------------|------------------------------|------------------------------|--|

Payson Mt Nebo Jr. High 851 West 450 South (Wrestling room South side school)
Payson Wilson Elementary 590 West. 500 South. (South end gyms)
Salem Hills Jr High 598 North Main St. (Wrestling Room)
Diamond Fork Jr. High 50 North 900 East Spanish Fork(Wrestling Room)
Mapleton Jr High 362 East 1200 North (Wrestling Room)
Springville Jr High- 189 South 1470 (Wrestling Room) Front Entrance
Spanish Fork High-99 N 300 W (Wrestling Room)

Match Rules

1. *Wrestlers are encouraged to wear Wrestling singlet's, shoes and headgear. (No Bare Feet)*
2. **All wrestlers must be registered with one of the participating cities.**
3. *All matches will be wrestle till you drop format wrestlers should get 2-3 matches per night.*
4. *Restricted traffic will help keep the mats CLEAN.*
5. **No Parents or siblings Allowed on Mats. Wrestlers and Coaches only.**
6. *Matches will consist of 3 rounds. 40 to 60 sec rounds depending on age.*
7. *Childs Weight will be required please come to matches with current weight in mind.*
8. *Please remember we are guest in the School Facilities. Please show proper respect. No Food or Drinks.*
9. **NO STREET SHOES (ESPECIALLY BOOTS AND HEELS) ON THE MAT AT ANY TIME!!!**