

Women's Volleyball - Organizational Meeting

Thursday, October 20, 2016 6:00 pm @ Recreation Office (downstairs meeting room)

I. Time frames & Schedules

- A. Practice games (Oct. 25th & 26th) - Sign up at the meeting for an hour time slot. Tuesday "B,C,&D" divisions will be on Tuesday, October 25th and the Wed "B, & C/D" divisions will be on Wednesday, October 26th.
- B. Regular season schedules will be online on or before Friday, October 28th. The regular season will begin on Tuesday, November 1st (B,C, & D leagues) or on Wednesday, November 2nd ("B, & C/D" Leagues).

www.spanishfork.org/dept/parkrec/sports/

- C. Due to gym conflicts or holidays, some weeks will be skipped. Check the schedule carefully.
Tuesday "B, C, & D" Leagues will play Tuesdays at Diamond Fork Jr. High - 900 E. Center St.
Wednesday "B, & C/D" Leagues will play Wednesdays at Diamond Fork Jr. High - 900 E. Center St.

II. Rosters

- A. Review your rosters to see if anyone has been left off. Players are not registered until fees are paid (including non-resident fees, if applicable), residency is checked and a current liability waiver form is on file at the recreation office. Please add players at least 1day before your scheduled matches to allow time for rosters to be reprinted and taken to the gyms. Team may have up to 2 high school age players. High School girls with varsity volleyball experience may only play in the A or B leagues.
- B. **Last day to add players to your roster is Monday, December 19, 2016.**

III. Rules

USA Volleyball rules will be observed emphasizing the following:

- a. No attacking or blocking the serve.
- b. Serve can be received with open hands or by a bump. If received with open hands, must be quick with no holding. Ball can spin but must come off the hands quickly.
- c. Double hit on hard driven serve **is legal**.
- d. One foot may go over the line on serve on side closest to the wall.
- e. A serve that touches the net and goes over **is legal**.
- f. If basket is hit on serve, re-serve. Any other basket hit will be the judgement of official if it is in or out.
- g. If a ball comes down on your court from another court, the point interrupted will be replayed.
- h. Substitutions can be after the serve or coming to the front row, but must be consistent throughout the match.

Rally score method will be used. First 2 games - 25 points (Cap at 27), 3rd game (if) - 15 points (Cap at 17)
(Win by two points or first team to reach cap)

Jr. High School & High School Rules

Nebo School District requires that any organization using their facilities follow certain rules. We are required to hire a supervisor to enforce the school's guidelines. Our use of the facilities is dependant on our observance of the rules. Each participant will be expected to adhere to the rules listed below. Any disregard of these rules could result in expulsion from further play. We appreciate your cooperation.

→ ATTENTION EVERYONE! ←

- * No food or drink will be allowed in the gym at anytime.
- * Do not hang on volleyball nets, adjust height of nets or misuse equipment.
- * All players should carefully read the Player Code of Conduct at the back of the schedule.
- * **No unsupervised children allowed!** Matches will be going on in various gyms. If you don't bring someone responsible to watch your children while you play, please leave them home! Players cannot play volleyball and tend children at the same time. The Gym Supervisor is not a babysitter.

IV. Nebo Tournament - February 20-22, 2017

- A. **Invitational - this is for regular season teams only! \$45.00 per team** - Must be paid either at Payson Recreation Office or at Spanish Fork Recreation office by Thursday, February 9, 2017.