



# Winter / Spring Activity Guide 2016



## Indoor Tennis Courts

**Girls Softball / Boys Baseball**  
**Boys & Girls Spring Soccer**  
**Adult Summer Softball**  
**Women's Basketball**  
**Coed Volleyball ... and more!**



Parks & Recreation



**775 N. Main Street Spanish Fork, Utah 84660**

**Recreation Office**

**(801) 804-4600**

**Monday - Friday**

**8:00 am to 5:00 pm**

## Register On-Line!

Registration is available for Youth Sports either online at [reconline.spanishfork.org](http://reconline.spanishfork.org) or at the Recreation Office:

At this time, Adult Sports Leagues and Facility Reservations  
ARE NOT available online.



Please note: When you see this icon next to an activity or program, it means you can register for that program or activity online!



## \* Important information when registering for Youth Sports Programs

- Must have a **current** liability waiver on file.
- **Call the Parks & Recreation Office if address, phone or other information has changed.**
- Early registration fee is charged through the early registration deadline.
- Regular fee is charged after the early registration deadline.
- After the regular registration deadline, registrations only accepted on a space availability basis.
- Online registration is not available after the regular registration deadline.
- Non-city residents must pay additional non-resident fee. (\$50 non-resident fee family cap per calendar year)
- Register online at RecOnline for most youth programs.
- Flyers, schedules, standings and tournament brackets posted on web site.



### Little Hoopsters Basketball (Boys & Girls, 1st & 2nd Grade) "Winter Session"



- \* **Early Registration deadline - Thursday, January 7**
- \* Early fee \$35, \$40 after January 7. (Includes a T-Shirt)
- \* Non-resident fee \$5 (Instructional)
- \* Program held Tuesdays & Thursdays, 6:00 or 7:00 pm (rotating)
- \* Programs starts - Thursday, January 21
- \* Elementary locations: Boys teams (East Meadows, Rees, & Riverview); Girls teams (Park)
- \* Maximum of eight teams at each location. Space is limited!



#### Clinic style program:

- \* focus on proper basketball mechanics and skills
- \* use fun activities to teach
- \* facilitators teach skills
- \* coaches practice & reinforce skills
- \* coaches & facilitators on floor with teams during scrimmages

### Coaches Are Needed!

Please contact the Parks & Recreation Office at (801) 804-4600 if you are interested.  
Coaches meeting Thursday, January 14 @ 5:30 pm in downstairs meeting room.



## WINTER VOLLEYBALL CLASSES

Girls & Boys, grades 5-12

- \* **Early Registration deadline - December 17**
- \* Early fee \$40 (Includes a T-Shirt)
- \* Regular fee \$45 through December 28
- \* Non-resident fee \$10
- \* Program starts Thursday, January 7
- Eight - 1 1/2 hour classes
- \* Location - Diamond Fork Jr. High Gyms

#### Beginning Class - 5:30 - 7:00 pm

- \* Learn new skills
- \* Improve through competition for fun!

#### Intermediate Class - 7:00 - 8:30 pm

- \* Improve on skills
- \* Compete for fun!





## YOUTH URBAN FISHING (Ages 6-13)

**\* Early registration end Tuesday, March 8**

- \* Early fee \$15. Regular fee \$20 (after March 8). Optional T-Shirt \$6
- \* Co-Sponsored by the Division of Wildlife Resources
- \* Six week program, sign up for Tuesdays (begins March 22) or Wednesdays (begins March 23)
- \* 2 hour session each evening, 1/2 hour fishing related instruction & 1 1/2 hrs fishing time
- \* Location: Canyon View Park or Spanish Oaks Reservoir (schedule posted online)

### Fishing Instructors Needed!



Volunteer hours may be used towards Dedicated Hunter Program. Instructors meeting on Monday, March 14 at 7:30 pm at the Recreation Office. If interested, please call 801-804-4600 for more information.



## SPRING SOCCER

Boys & Girls, Ages 5 through 9th grade 2015-16

Must be 5 years old by April 1, 2016



- \* Early registration ends Thursday, February 4**
- \* Regular registration ends Thursday, February 18
- \* Season: Week of March 22 through the 2nd week of May

#### Soccer Fees:

		<u>Early Discount</u>	<u>Regular Fee</u>
Youth Soccer League	(Grades K-6)	\$30.00	\$35.00
Jr. High League	(Grades 7-9)	\$40.00	\$45.00
Reversible Jersey	(*Required)	\$10.00	\$10.00
Non-City Residents add \$10.00 N/R fee.			

#### UNIFORMS & EQUIPMENT:

- \* Reversible Red-Grey Jerseys - Required!
- \* May use for more than one year.
- \* If new this year, you will need to purchase a Jersey!
- \* Shinguards are recommended for all age divisions, required for grades 3rd and older.

#### SOCCER TEAM SELECTION:

- \* Saturday, March 5
- \* Spanish Fork Jr. High Gyms - Wear gym shoes.
- \* Players check in to get number and warm-up.
- \* Draft meeting follows for coaches only at the Parks & Recreation Office meeting room (Use west downstairs entrance)

#### COACHES MEETING:

- \* Thursday, March 3 at Recreation Office downstairs meeting room.
- \* K-1st grade @ 5:30 pm
- \* 2nd - 3rd/4th grade @ 6:30 pm

	<u>Check-in</u>	<u>Begins</u>
Girls 5th-6th -	7:30-7:50 am	8:00 am
Girls 7th-9th -	8:30-8:50 am	9:00 am
Boys 5th-6th -	9:30-9:50 am	10:00 am
Boys 7th-9th -	10:30-10:50 am	11:00 am

#### SOCCER AWARDS NIGHT!

- \* Boys and girls (grades 3rd & up)
- \* Monday, May 9 @ 5:30 pm
- \* Sports Park West Pavilion (381 W. Volunteer Drive)
- \* League and Sportsmanship winners for 3rd grade & up
- \* Drawings for prizes for any league participant (K-9th) present
- \* Cookies for everyone!



#### SOCCER OFFICIALS WANTED!

- \* Must be 14 years or older!
- \* Looking for responsible individuals
- \* Experience reffing or playing is preferred!
- \* Training is provided!
- \* Contact Spanish Fork Parks & Recreation at 801-804-4600 if interested!





# BASEBALL / SOFTBALL

Eligibility determined by the present grade (2015-2016).  
 Must be 5 years of age by May 31, 2016.  
 1st graders may choose between T-Ball & Coach Pitch.

Grades	Early Deadline	Regular Deadline	Space Availability Only
3rd-8th (9th-Fox)	<b>Thursday, March 10</b>	Thursday, March 17	After March 17
5 yrs, K-2nd	<b>Thursday, April 7</b>	Thursday, April 14	After April 14
9th-12th	<b>Friday, May 6</b>	Thursday, May 12	After May 12

<u>Boys Baseball:</u>	<u>Early Fee</u>	<u>Regular Fee</u>
T-BALL (5 yrs/K/1st)	\$30.00	\$35.00
COACH PITCH (1st/2nd)	30.00	35.00
MUSTANG (3rd/4th)	50.00	55.00
PINTO (5th/6th)	50.00	55.00
PONY (7th/8th)	55.00	60.00
COLT (9th-12th)	55.00	60.00

<u>Girls Softball:</u>	<u>Early Fee</u>	<u>Regular Fee</u>
T-BALL (5 yrs/K/1st)	\$25.00	\$30.00
COACH PITCH (1st/2nd)	25.00	30.00
FALCON (3rd/4th)	45.00	50.00
FILLY (5th/6th)	45.00	50.00
FOX (7th-9th)	50.00	55.00
PHOENIX (9th -12th)	50.00	55.00

Non-Residents add \$10.00.

Note: Participants must have their own, white or grey baseball/softball pants for 3rd-12th grade leagues.

## Baseball & Softball Team Selection

- \* For coaches and NEW players to the league
- \* SF Jr. High grass area west of the gyms.
- \* If you played on a team in our league last year and do not change leagues, you don't need to attend team selection. In case of inclement weather, we will move into the SF Jr. High gyms.
- \* PLEASE BE ON TIME, wear gym shoes and bring your mitt. Players should arrive between 5:00-5:20 pm to get numbers and to warm-up.
- \* Instructions for coaches at 5:20 pm
- \* Team Selection begins at 5:30 pm
- \* Drafts & Coaches meetings follow for coaches only at the Parks & Recreation meeting room. (Enter Recreation Office using downstairs west entrance)

**FOX - 7th-9th Girls**

Monday, March 21

**FALCON - 3rd/4th Girls**

Tuesday, March 22

**FILLY - 5th/6th Girls**

Wednesday, March 23



**PONY - 7th/8th Boys**

Monday, March 28

**MUSTANG - 3rd/4th Boys**

Tuesday, March 29

**PINTO - 5th/6th Boys**

Wednesday, March 30

## COACHES MEETINGS:

- \* Meeting Room at Recreation Office (Uniforms & Equipment to be handed out)
- \* Players notified by their coaches after the team selection and/or coaches meetings for their league.



Girl's T-Ball & Coach-Pitch Thursday, April 21 6:00 pm

Boy's T-Ball Thursday, April 21 7:00 pm

Boys's Coach Pitch Thursday, April 21 8:00 pm

Phoenix Thursday, May 19 6:00 pm

Colt Thursday, May 19 7:00 pm





# FAST-PITCH SOFTBALL CLINIC

(Girls, 3rd - 9th grades)



- \* Saturday, April 23 at the Sports Park (295 W. Volunteer Dr.)
- \* Conducted by SFHS Softball Coach Don Andrews, coaching staff and players.
- \* Morning session - 8:00 am to 12:30 pm - fundamentals of hitting and defense.
- \* Afternoon session - 1:30 to 3:30 pm - pitching and catching fundamentals, beginning to intermediate level.
- \* Girls encouraged to attend both sessions (cost is the same).



- \* **Early registration ends Thursday, April 21**
- \* Early fee \$15
- \* **Please pre-register for the clinic!**
- \* Regular fee on Friday, April 22 or the day of the clinic is \$20
- \* Wear sun screen and bring water. If weather is cool, bring a jacket or sweatshirt



# START SMART BASEBALL

(Boys & Girls, 4 & 5 years)

- \* **Early registration ends - Thursday, May 12**
- \* Early fee \$35 (includes a T-Shirt)
- \* Regular fee \$40 (after May 12)
- \* Non-resident fee \$5 (Instructional)
- \* Parents work one-on-one with their child
- \* Throwing, catching, batting and running/agility
- \* T-Ball games played focusing on skills
- \* Water ballon T-Ball day!
- \* Program runs Tuesdays & Thursdays - four weeks.
- \* Two sessions are offered at 6:00 pm or 7:00 pm
- Sign up for session that best fits your schedule.

- \* Program starts Tuesday, May 31
- \* Sports Park Football Field (185 West Volunteer Drive)
- \* **SPACE IS LIMITED**
- So sign up early!



## Employment Opportunity

### Baseball/Softball Umpires

- Qualifications:
  - \* 9th Grade or older (2015-16)
  - Must be at least 14 years of age
  - \* Good work ethic!
  - \* Responsible, self-motivator
  - \* People skills & good communication
- Mandatory Meetings:
  - \* April 11 @ 6:00 pm - Parks & Rec mtg. room
  - \* April 18 @ 6:00 pm
  - Swenson Ball Park - Meet by Snack Shack
- Sign up list at the front desk at Recreation Office  
Call at (801) 804-4600 or drop by!
- Questions? Contact: Mark at (801) 804-4612 or Bronco at (801) 804-4604
- Competitive pay! Good \$\$\$!





# BOYS BASEBALL

## 13th ANNUAL "PIZZA FACTORY" TOURNAMENT



- \* **Registration ends Monday, March 21**
- \* Thursday, Friday and Saturday, April 7-9
- \* Four game guarantee
- \* Age groups will be 8/9U, 10U, 11U, 12U, 13U & 14U
- \* Team fee is \$350

\* Tournament brackets will be posted online by 5:00 pm on Friday, April 1. For more information, please email Mark Resch at [mresch@spanishfork.org](mailto:mresch@spanishfork.org) or contact him at 801-804-4600.

If you pay your fee and drop out of the tournament, be aware of the following refund policy:



- |                  |   |                                       |
|------------------|---|---------------------------------------|
| Through March 21 | - | Refund less \$50.00 Cancellation fee  |
| March 22 - 30    | - | Refund less \$100.00 Cancellation fee |
| After March 30   | - | No Refunds will be given.             |



## YOUTH TRACK AND FIELD

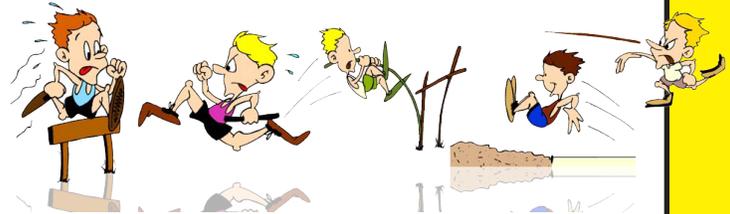
SPANISH FORK TRACK & FIELD MEETS held at SFHS Track beginning at 9:20 am

- |   |                   |
|---|-------------------|
| 3rd Grade                                     | Tuesday, April 26 |
| 4th Grade                                     | Tuesday, May 3    |
| 5th Grade                                     | Tuesday, May 10   |
| 6th Grade                                     | Tuesday, May 17   |
| Alternate Bad Weather Date - Thursday, May 19 |                   |

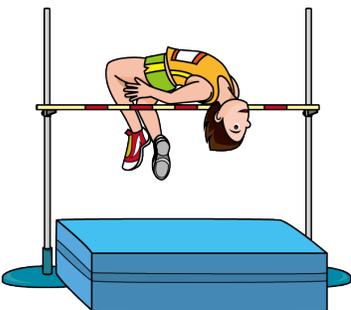
Heat assignments posted online the Friday prior to each meet.



## SUMMER TRACK CLUB



- \* **Early registration ends Monday, April 18.**
- \* Early registration fee is \$40.00, \$45 after April 18.
- \* Non-resident fee \$5 if applicable
- \* Boys & Girls - 2nd - 9th grade
- \* Sprints, distance running, relays, & field events.
- \* Season will run May 2 to mid-June.



- \* Practices start on Monday, May 2 @ 5:00 pm
- \* Held at Maple Mtn. High School Track
- \* Parent's meeting May 2 at 6:00 pm
- \* Meets on weekday evenings or Saturdays in Utah or Wasatch Counties
- \* Schedule posted online
- \* Sanctioned through CUTFA (Central Utah Track & Field Association)
- \* Participants must have a Spanish Fork Track Club shirt
- \* May use track shirt for more than one year
- \* Shirt cost \$7
- \* Shirts purchased this year given out at the first practice on May 2



## Important information when registering for Adult Sports Teams

- All players must have a **current** liability waiver on file.
- **Call the Parks & Recreation Office if address, phone or other information has changed.**
- Team fee must be paid prior to adding players to roster.
- Early registration fee is charged through the early registration deadline.
- Regular registration fee is charged after the early registration deadline.
- Applicable non-resident fees must be paid when adding non-residents to your roster. (\$50 non-resident fee team cap per season)
- \$10 additional player fee is charged for each player added above the maximum roster limit.
- For a team to be considered registered – the following must be turned in:
  - o Completed roster with minimum number of players (varies by sport)
  - o Current waivers on file for each player
  - o Team fee
- To be eligible to play in the first game, players must be registered before 5 p.m. one business day prior to the game.
- Flyers, schedules, standings and tournament brackets posted on web site.
- Online registration not available at this time for adult sports teams.

### ADULT SOFTBALL - Men's & Women's - Summer League



- \* **Early registration ends Tuesday, March 29**
- \* Early registration fee - \$400 per team, \$525 for doubleheader leagues
- \* Regular registration fee of \$425 per team, \$550 for doubleheader leagues
- \* Team representatives meeting - Wednesday, April 13  
(Women's & Coed - 6:00 pm, Men's - 7:00 pm) Recreation Office meeting room
- \* Leagues begin week of April 18. Post season tournament after league play.

### 2016 - Adult Softball Schedule

			Early <u>Team Fee</u>	Regular <u>Team Fee</u>
Mondays	Co-ed League	(Limit 16 teams)	\$400.00	\$425.00
Mondays	Men's Rec.	(Limit 16 teams)	\$400.00	\$425.00
Tuesdays	Men's Div. 2 (Doubleheaders)	(Limit 8 teams)	\$525.00	\$550.00
Tuesdays	Men's Div. 3 (Doubleheaders)	(Limit 8 teams)	\$525.00	\$550.00
Wednesdays	Men's Div. 3 (Doubleheaders)	(Limit 8 teams)	\$525.00	\$550.00
Wednesdays	Men's Rec. (Doubleheaders)	(Limit 8 teams)	\$525.00	\$550.00
Thursdays	Women's Rec.	(Limit 24 teams)	\$400.00	\$425.00
Fridays will be used for Rainout make-up days and for tournaments				

### ADULT SOFTBALL TOURNAMENTS

- \* Fiesta Days Tournament - Saturday, July 16
- \* Men's & Women's Divisions
- \* **Registration deadline - July 12**
- \* Tournament brackets posted online July 13 by 5:00 pm
  
- \* "Friday Night Lights" Co-ed Tournament - September 9.
- \* **Registration deadline - September 6**
- \* Brackets will be posted online September 7 by 5:00 pm





# WOMEN'S BASKETBALL - Spring League



- \* **Early registration ends Tuesday, February 16**
- \* Early league fee will be \$325 per team, \$350 after February 16
- \* League play - Tuesdays and Thursdays during March & April
- \* Organizational meeting - Tuesday, February 23 at 6:30 pm in the Parks & Recreation downstairs meeting room
- \* Season begins on March 3.

**WHEN REGISTERING FOR ADULT SPORTS TEAMS REMEMBER TO REFER TO THE IMPORTANT INFORMATION ON THE PREVIOUS PAGE!**



## WOMEN'S SOCCER



- \* **Early registration ends Monday, April 11**
- \* Early League fee - \$200 per team, \$225 after April 11
- \* League play - Saturday mornings -  
Latter part of April through the end of June
- \* Organizational meeting - Thursday, April 21 at 6:30 pm  
Parks & Recreation downstairs meeting room.
- \* Season begins - Saturday, April 23



**Pickleball is coming to Spanish Fork!**

## SPRING CO-ED VOLLEYBALL

- \* **Early registration ends Thursday, February 11**
- \* Early League fee - \$225 per team, \$250.00 after February 11
- \* League play - Wednesdays
- \* "Upper" and "Lower" divisions of play.
- \* Organizational Meeting -  
Monday, February 22 at 7:00 pm  
Parks & Recreation office downstairs meeting room.
- \* Season begins March 2.

## WOMEN'S NEBO INVITATIONAL VOLLEYBALL TOURNAMENT

(Spanish Fork & Payson)

- \* February 23 - 25 in Payson.
- \* Regular season teams only for this women's tournament.
- \* Team Fee is \$45
- \* **Registration ends Thursday, February 4**
- \* Pay fee at either Spanish Fork Parks & Recreation or Payson City Recreation.
- \* Teams will be bracketed in flights according to ability level.



# INDOOR TENNIS COURTS

475 South Main, 6:00 am - 10:00 pm

The Indoor Tennis Courts are available for use by members only during non-scheduled hours. Leagues, lessons, High School team practice or shows will take priority.

## Yearly Tennis Memberships

- \* Individual Memberships - \$100.00 per year.
- \* Non-resident fee of \$10.00 per individual
- \* Family Memberships - \$160.00 per year.
- \* Non-resident fee of \$20.00 per family
- \* Family Memberships are limited to immediate family members living in the same household, 18 years & younger. All memberships are due for renewal by October 1st. The membership fees help to offset electric and gas costs of the facility.

Memberships may be purchased from the Parks & Recreation Office. The Parks & Recreation Office is located at 775 North Main. Our phone number is (801) 804-4600.



Individual photo membership cards will be issued along with the key. **Photo Membership Cards must be hung up on the court assignment board on the shed wall when you come to play.** Locks will be changed the last week of September in preparation for the new membership year. Members renewing memberships must return their old key before they will be issued a key for the new year to the Indoor Courts. Renewing members must also bring their photo membership cards in so they can receive a new sticker.

Members may bring non-members to play tennis with, but non-members must put court fees of \$4.00 per person per hour in the drop box at the tennis courts.

**Court Reservation System:** Members will have the ability to reserve court time through an on-line reservation system - <http://spanishindoors.onlinecourtreservations.com>. Once members renew or sign up, they will be given a ID and password for the online reservations. Members will be limited to two reservations per week (subject to change if needed).

We want to keep these courts well used but, at the same time, make them available to members for drop in play or reserved time. We will also be looking to do more programming of the courts including leagues, lessons, and tournaments. Tennis Rentals held to a minimum (especially in the evenings).

## **The Indoor Tennis Courts are a multi-use facility.**

The city rents them for special shows and other events which helps subsidize our Indoor Tennis Court revenue, which by itself is not self-supporting. Because of this, members need to check for events and court closures on the Fairgrounds Calendar located on our website at: [www.spanishfork.org/dept/parkrec/fairgrounds/calendar/](http://www.spanishfork.org/dept/parkrec/fairgrounds/calendar/) and the Recreation Calendar located on the home page of our website at: [www.spanishfork.org](http://www.spanishfork.org). Signs about events and court closures are also posted at the Tennis Courts.



# WHAT'S COMING THIS SUMMER!

## SUMMER TENNIS!

### \* LESSONS

- PeeWee - Ages 5 - 8
- YOUTH - Ages 8 - 18
  - Two week AM classes - 1 hr.
  - Mondays - Thursdays
  - 3 Sessions - June & July
- ADULTS
  - Month of June
  - Mondays & Wednesdays - 7 am

- ### \* CUTA - YOUTH LEAGUES - 8 to 14 yrs.
- 2 hrs instruction twice a week
  - Matches with other teams in Utah County
  - Tournament in July

### \* FIESTA DAYS TENNIS TOURNAMENT

- July 26 - August 1
- Divisions for Youth and Adults

LOOK FOR MORE INFORMATION IN MAY!

## SPORTS FITNESS CAMP

- \* **Early Registration Deadline is Monday, May 17**
- \* Early Fee - \$35, \$40 after May 17
- \* Boys & Girls - Ages 6 - 12

This two week program (Mon-Thurs) will introduce the basic fundamentals of sports such as: basketball, baseball and softball, football, soccer, volleyball, track & field, etc., as well as emphasizing basic stretching and fitness. Get the kids off the couch and learn the importance of structured and unstructured play!

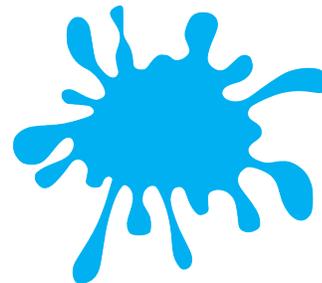
Session I Dates: May 31 - June 9  
Times: 9:00-11:00 am or 11:30 am - 1:30 pm  
Look to register in May!

Session II dates: June 13 - 23  
**Early Registration Deadline is May 31**



## SWIMMING INFORMATION

Information about swimming lessons, swim team, and other Water Park activities can be found at our website:



[www.spanishfork.org/dept/parkrec/waterpark/](http://www.spanishfork.org/dept/parkrec/waterpark/)

## YOUTH LACROSSE

Be looking for flyers in April  
The season will take place in June and July! Equipment will be available to rent! Spanish Fork teams will compete with other teams around Utah County.



**Early Registration Deadline is May 12.**  
Season begins June 18.

## "BIG SLAM" SOFTBALL TOURNAMENT

The Big Slam Girls' accelerated softball tournament will be held on two weekends in order to not conflict with Softball National Tournaments that are held in Utah. Big Slam dates will be July 29-30 for 14U & 18U and August 5-6 for 12U & 16U. Check on our website for flyers and entry forms.

The tournament is formatted with four games guaranteed to each team. Team fee is \$350.00. Teams will not be considered registered until \$350 team fee and completed roster is received at the Parks & Recreation Office.

If you would like to mail in your completed roster and team fee, you can download the form on our website at [www.spanishfork.org/dept/parkrec/sports/special.php](http://www.spanishfork.org/dept/parkrec/sports/special.php). Registered teams will be posted on the above website daily.

For more information, please contact Mark Resch at [mresch@spanishfork.org](mailto:mresch@spanishfork.org) or at 801-804-4600.