

Spanish Fork Menus for November 2016

Friday 4th

Turkey
Stuffing
Potatoes & gravy
Buttered baby carrots
Cranberry sauce
Roll
Pumpkin pie
2% Milk

Monday 7th

Beef goulash
Carrot & celery sticks
French bread
Peach cup
Birthday cupcakes & ice cream cups
(By Jenni from Humana)
2% Milk

Thursday 10th

BBQ Ribs
Scalloped potatoes
Peas & carrots
French bread
Banana
Chocolate cake with vanilla frosting
2% Milk
or Chef salad

Monday 14th

Tuna casserole
Green salad - ranch cup
French bread
Peanut butter cookie
Orange wedges
2% Milk

Thursday 17th

Turkey & stuffing casserole
Potatoes & turkey gravy
Green beans
Cranberry sauce
Roll
Spice cake
Apple slices
2% Milk
Or Chef salad

**Closed for Thanksgiving Holiday
Nov. 18 - Nov. 27**

Monday 28th

Spaghetti & meatballs
Green beans
Green salad - ranch cup
French bread
Tapioca pudding
Orange wedges
2% Milk