

Cultural Arts Education for Adults: Register Now!

The Spanish Fork Arts Council is happy to announce the upcoming **Cultural Arts Education for Adults Workshops** that will run January 23 through February 27, 2010 (every Saturday* morning 8:30 am-12:30 pm for 6 weeks) at Spanish Fork High School. This program is for all adults 18 and older. *See class listings below.*

We are offering several of the same classes that have been popular in past workshops, but also have some fun new classes, such as the Irish

Dance and the Figure Drawing class, that will appeal to a wider audience. While we are happy to have many of our quality instructors returning, we are very pleased to have some great new instructors as well, such as Cherie Call, Steve Laney, Russell Wulfenstein, and Annette Lyon. A main focus of the program is to provide quality instruction, and we feel that we have accomplished that with this great group of professionals. *See details below.*

REGISTRATION: Monday, December 28 through Thursday, January 21 **online at www.reconline.spanishfork.org** or in person at the Parks and Recreation office (775 N. Main Street, 804-4600). Class sizes are limited. Register early to assure a spot before classes fill. **FINAL SHOWCASE:** Saturday, February 27. Visual Arts: 5:30-7:30 pm, foyer. Performing Arts: 6:00-7:00 pm, Little Theatre, Spanish Fork High School. *The entire community is invited! FREE.*

Class Descriptions & Instructor Bios

Creative Writing

Instructor, Annette Lyon

2-hour Class: \$45

10:00am–12:00pm, Room 5

You've had a great story idea for years but you never knew what to do with it. Or maybe you've started umpteen novels, only to find yourself losing traction after the first ten pages. Whether you want to become the next Mary Higgins Clark or simply want to check off the box on your ten-things-I-want-to-do-before-I-die list, this class can help you plot, write, and edit a novel that you can be proud of. And if you'd like to try submitting your novel to a publisher or agent, it will help you with that, too. This is a six-week class consisting of six, two-hour sessions for beginning to intermediate writers. If you have a manuscript you are working on, please feel free to bring that. We will not be reading every manuscript, but we can do some hands-on work. If you have only an idea, come with that. Please bring a notebook and plenty of sharp pencils or pens, as we will do a short writing exercise in every class. Students may be selected to read an excerpt from their writing for the Final Showcase on Saturday, February 27 at 6:00 pm.

Instructor Bio

Annette Lyon was Utah's 2007 Best of State fiction medalist. Spires of Stone, her fifth novel, was a 2007 Whitney Award finalist for Best Historical Novel. Her seventh book, Band of Sisters, will be released in March, and her chocolate cookbook will hit shelves later in 2010. Annette is a senior editor for Precision Editing Group, has sold nearly 100 articles to a variety of publications, and enjoys all kinds of writing, although she's best known for her historical series centered around Utah temples. She's the Wednesday contributor at the Writing on the Wall blog and has her own blog, The Lyon's Tale at blog.annetelyon.com.

Songwriting: Beg/Int

Instructor, Cherie Call

For both classes students will need to bring a notebook for songwriting ideas and notes from class. On several days they'll also bring their musical instrument or whatever else might be necessary to show their songs and work on them. A piano will be provided.

BEGINNING SONGWRITING:

1-hour Class: \$25

10:00am–11:00am, Choir Room

This class is for you if you have a strong interest in writing songs, have wondered about it or given it a try, or maybe even written a handful of songs, but you're not yet familiar with song form, and other important attributes of a successful song. We will learn where the verses and choruses go, how to get ideas for songs, how to get started on the lyrics, and we'll do listening of popular songs of various styles to hear examples of good melodies, hooks, and choruses. Every student will write a song by the end of the class and perform it at a showcase. We will also write a song together as a class. It is helpful to have basic skills on piano or guitar, but not absolutely required. Students will have the opportunity to perform what they have learned in the Final Showcase on Saturday, February 27 at 6:00 pm.

INTERMEDIATE SONGWRITING:

1-hour Class: \$25

11:00am–12:00pm, Choir Room

This class is for you if you've written several songs, you're familiar with the terms "song form" and "hook" and already know how to incorporate those things into your songs. You want to know more about making your songs more catchy and commercial. You are interested in some aspects of the music business and would like to know more. We will listen in depth to popular songs and practice some of the techniques that make them successful. We'll learn about collaborating, demos and pitching sessions. You will regularly bring your songs to class to be critiqued. At the end of the class you will each perform one of your songs at a showcase. Piano or guitar skills are extremely helpful, but since we can collaborate on songs, they're not necessarily mandatory. Students will have the opportunity to perform what they've learned in the Final Showcase on Saturday, February 27 at 6:00 pm.

Instructor Bio

Cherie Call is a singer-songwriter with seven albums of her original music. Her most recent, "Grace", was released in October of 2009. Many of Cherie's songs have appeared on the CD's for the LDS Especially For Youth summer programs. Cherie has also had her songs on the soundtracks for several local films, including "Charly", "God's Army", and the Banff Award winning "True Fans". Some highlights of Cherie's career include being a finalist in the prestigious Kerrville Newfolk

Festival, playing "in the round" at the famous Bluebird Cafe in Nashville, and traveling all over the United States as an inspirational speaker and performer. Cherie is familiar with the process of making demos and pitching songs to producers and artists on the national market. She has a music degree from Brigham Young University. She loves writing songs and enjoys helping others learn more about it. She lives in Utah County with her husband and two daughters.

Bluegrass Ensemble: Beg/Int

Instructor, Russell Wulfenstein

Come enjoy playing traditional and contemporary bluegrass music on fiddle/violin, mandolin, guitar, bass, banjo, or old-time percussion instruments. Musical selections will include tunes suited for musicians of a variety of skill levels with more challenging parts for advanced players. Technical curriculum include picking and bowing exercises as well as basic improvisation. Written parts will be provided in tablature and standard notation. Instruments are required.

BEGINNING BLUEGRASS

1-hour Class: \$25; Materials Fee: \$5

9:00am–10:00am, Band Room

Learn to play traditional and contemporary bluegrass music on fiddle/violin, mandolin, guitar, bass, banjo, or old-time percussion instruments. Musical selections will include tunes suited for musicians with an basic understanding of their instrument and a desire to improve their personal skill. Technical curriculum will include picking and bowing exercises as well as basic improvisation. Written parts will be provided in tablature and standard notation. Participants will be invited to perform a 5-10 minute set as a group at the end of the course. Instruments are required.

INTERMEDIATE BLUEGRASS

1-hour Class: \$25; Materials Fee: \$5

10:00am–11:00am, Band Room

Come enjoy playing traditional and contemporary bluegrass music on fiddle/violin, mandolin, guitar, bass, banjo, or old-time percussion instruments. Musical selections will include tunes suited for musicians with a strong understanding of their instruments and the ability to learn new material quickly. Technical curriculum will cover ensemble performance and basic improvisation. Written parts will be provided in tablature and standard

notation. Participants will be invited to perform a 10-15 minute set as a group at the end of the course. Instruments are required.

Instructor Bio

Russell Wulfenstein is an accomplished musician specialized in traditional and contemporary American folk music. He has performed in many of the largest folk dance and folk music festivals in the world touring as a musician for Brigham Young University's International Folk Dance Ensemble, and with the West Valley based dance team, Clog America. He is a two-time Utah State Fiddle and mandolin champion and can frequently be seen performing as a member of the popular local group, BrushFire. Russell has previously served on the State board of the Utah Old-time Fiddlers and Country Music Association, and is a current member of the Springville World Folkfest board of directors. Russell has also taught after-school elementary Folk and Fiddling classes.

Couple (Ballroom) Dancing

Instructors, Andrea & Tory Parker

1-hour Class: \$25 per person

10:00am–11:00am, Dance Studio

In our ballroom class this year we will learn the Salsa and American Rumba. Both of these dances are easy to learn and fun to dance. Research shows there are lots of benefits of dancing, including lowers risk of heart disease, decreases blood pressure and can strengthen bones. Ballroom dance is also a great way to meet new friends, reconnect with a spouse and burn off those extra holiday pounds! So encourage your friends to join you in the ballroom dance class for a great time. Couples and singles are welcome to attend. Students will have the opportunity to perform what they have learned in the Final Showcase on Saturday, February 27 at 6:00 pm.

Instructor Bio

Tory and Andrea Parker met in a ballroom class at BYU and spent two years intensely studying and competing International Standard together. They are both former members of the BYU touring formation team and have performed in places such as England, Norway, France, Spain, Belgium, Denmark and Sweden as well as the western and southern United States. They helped BYU win the prestigious Ballroom Formation Championship in Blackpool England as well as have performed for US Senators and US Ambassadors to France and Spain. Andrea also taught beginning ballroom for BYU. After graduating from BYU the Parkers moved to Champaign, Illinois for four years. While Tory worked on his Ph.D., Andrea worked at a ballroom studio and taught group and

private lessons to adults. She also began a ballroom program for teenagers which became so successful there were often more boys than girls enrolled! Andrea loves dancing and has experience teaching everything from social dance to international standard and latin as well as Hustle, Meringue and Salsa. She currently teaches beginning ballroom classes to youth through her studio, BoxStep Studios. The Parkers have 3 boys and have been happily married (and dancing) for 9+ years.

Irish Dance

Instructor, Lyndsey Willis Wulfenstein

1-hour Class: \$25

11:00am–12:00pm, Dance Studio

Come learn how to dance like the Irish dancers on “Riverdance” and “Lord of the Dance!” If you are one of those people who just can’t sit still when you hear the exciting beats of Celtic music, then come and kick up your heels in this class! In this course students will learn and strengthen the basic techniques of Irish dance, and learn basic dances like reels and jigs. It can be great exercise and you’ll become a little more cultured while you’re at it! Students will have the opportunity to perform what they have learned in the Final Showcase on Saturday, February 27 at 6:00 pm.

Instructor Bio

Lyndsey Wulfenstein is a Part-Time Faculty member at BYU, where she specializes in teaching Irish Dance. Lyndsey is currently a member of the teaching staff for The Shelley School of Irish Dance, which is a Certified Irish Dance School, owned and directed by Tina Shelley, A.D.C.R.G. and T.C.R.G. Coming from a broad background of ballet, jazz, modern, and folk, Lyndsey has a strong understanding of the movement of the human body and is passionate about teaching.

Intro to Watercolor Painting

Instructor, Steve Laney

1.5-hour Class: \$35; Materials Fee: \$10

9:00am–10:30pm, Room 28

This class promises loads of fun and creativity as participants learn the basics of watercolor painting. Instruction will cover basic brush and wash techniques, mixing paint, and an overview of styles, methods, and materials for this medium. Week 1: Examples and demonstration of different watercolor media; Preparing watercolor paper. Week 2: Experimenting with the media using different tools, ie: brushes, pencils, sandpaper, exacto knife, hair spray and salt, etc. Week 3: Creating the illusion of depth—background, middle ground, foreground. Week 4: Capturing beautiful skies and backgrounds, wet on wet painting. Week 5: Specialized tools for foreground detail work; proportion review. Week 6: Finding your own style. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 27 from 5:30 to 7:30 pm.

Instructor Bio

Stephen F. Laney started his art career as an illustrator in Hollywood, California. He Graduated from BYU with a BA in Art Education and an MA in Art Education from ASU. He has taught Photography, Drawing, Painting, Sculpture, Graphic Design and Portfolio Preparation in Arizona and Utah on the high school, college and university level. He developed a state curriculum guide in Arizona, also doing all the graphics and worked with developing a district art curriculum program in Utah. As department chair, Steve set up the A.P. Art program at Mt. View High School in Orem and assisted other high schools in establishing A.P. Art programs. He also has worked for many years as a free-lance illustrator and has taught private art classes in his studio. Awards he has received include Artist of the Year and Art Educator of the Year from USU and Teacher of the Year from Mountain View High School.

Figure Drawing

Instructor, Steve Laney

2-hour Class: \$45; Materials Fee: \$10

10:30am–12:30pm, Room 28

Must have some knowledge of the basics of art. We will have a brief review of the elements of art. Students will learn to draw the human figure from live (clothed) models; experimenting with the mediums of charcoal and pastel. They will learn the techniques of contour and gesture drawing and getting correct proportions of the body. Week 1: Gesture drawing—capturing the spirit in figure drawing. Short review of Old Masters’ style of drawing the figure. Week 2: Proportions of the head, hands, and body. Week 3: Placement and position on the picture plane and action figure treatment. Week 4: Brief intro into anatomy; Line quality (thick and thin line). Week 5: Creativity; Developing your own style. Week 6: The Figure in Costume. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 27 from 5:30 to 7:30 pm.

Instructor Bio

See bio for Steve Laney above.

Basics of Drawing

Instructor, Jethro Gillespie

2-hour Class: \$25; Materials Fee: \$10

10:30am–12:30pm, Room 6

*****Class held only on Jan. 23rd, Feb.**

6th, and Feb. 20th.***

This 6-week basic drawing course focuses on black and white or monochromatic rendering from life, pictures, masterworks, and imagination. The course will cover perspective, geometric forms including lighting and shading, Still life drawing and rendering, drawing foliage and landscapes, and concluding with copying a Master Artwork. This course will require a \$10.00 art fee that will provide large and medium drawing paper, # 2 pencils, black charcoal sticks, erasers, drawing boards, and rulers. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 28 from 1:30 to 3:30 pm.

Instructor Bio

Jethro Gillespie received his BFA from BYU in 2006 with an emphasis in printmaking. He is currently teaching art classes at Maple Mountain High school, and taught at Springville Jr. high for 2 years prior to that. He received the Teacher of the Year award in 2008. He has had two solo art shows in the last year and a half (one in SLC and one in Provo), and has been a part of many group art shows. He and his wife have 2 children. He enjoys painting and drawing and traveling in his spare time.

Introduction to Oil Painting

Instructor, Ondre Pettingill

2-hour Class: \$45; Materials Fee: \$20

8:30am–10:30Am, Room 27

Must have some knowledge of the basics of art. This class requires out of class work. We will have a brief review of the elements of art. Students will learn the techniques for painting with the medium of oil, we will focus on the elements of Value and Color. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 28 from 1:30 to 3:30 pm.

Instructor Bio

Ondre Pettingill studied at Utah State University in Logan, Utah. He has worked at the Whitney Museum of American Art in New York City, and as a free-lance illustrator for 13 years painting book jackets for many publishing titles. His work has been exhibited at numerous galleries throughout Utah. As a secondary art educator Ondre’s outlook about art is broader than ever before as he has researched deeper the many

subjects he teaches so that his students learn deeper meanings that engage them further. He has been an educator since 2004. He presently teaches at Rockwell Charter High School.

Intermediate Oil Painting

Instructor, Ondre Pettingill

2-hour Class: \$45; Materials Fee: \$20

10:30am–12:30pm, Room 27

It is essential to have some prior experience and knowledge of the basics of art and painting. The course will cover basic techniques of lighting and shading, matching colors, briefly painting the figure, and end with spending more time painting a landscape. You will primarily work from photos. To be able to complete artwork for this course it is required to work out of class. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 27 from 5:30 to 7:30 pm.

Instructor Bio

See bio for Ondre Pettingill above.

Beginning Theater

Instructor, Adam Cannon & Carob

Bartholomew; Meg Grierson, T.A.

2-hour Class: \$45; Materials Fee: \$10

9:00am–11:00am, Little Theatre/

Drama Room

If you’ve ever wanted to be in theater this is the class for you! From the novice to the trained performer this class will offer you insights into the players world. The six week course will cover movement and voice techniques with a strong emphasis on character development. Learn through theater games as well as individual and scene coaching. Class members will perform selected scenes as part of a final showcase. The class is co-taught by Carob Bartholomew and Adam Cannon. Students will have the opportunity to perform what they have learned in the Final Showcase on Saturday, February 27 at 6:00 pm.

Instructor Bio

Adam Cannon has been involved in theater since he was 15 and was pulled from the chorus of The Pajama Game and asked to play the part of a drunk factory worker coming home from a company party. Since that small role, he has found his passion for theater... all aspects of theater, from acting to directing to the technical side to watching. He loves instilling that passion in others and loves to help in all aspect of theater. For the past 4 years he has been involved in some theatrical endeavor almost every single day. He is currently preparing to direct next summer’s Spanish Fork Community Theater production of Music Man. He is the father of 6 wonderful children ranging in age from 7 to 17, and the husband of a wonderful woman who is a fantastic singer and performer.

Recent transplant, Carob Bartholomew moved here from Seattle WA, where she was a working actor. She attended Cornish College of the Arts and completed her education at the Northwest Actors Studio in the conservatory program. Carob has worked with many of Seattle’s prestigious theaters. She has acted in various types of theater from Shakespeare to children’s theater to contemporary plays. She has also written, acted and directed for various fringe theaters as well as church productions. Carob has most recently become a member of the Spanish Fork Community Theater Board and the Spanish Fork Arts Council. In 2009 she started Spanish Fork’s Theater In The Park and will be co-directing their pilot production of “Much Ado about Nothing” this summer with Meg Grierson.

Sewing & Pattern Adjustment

Instructor, Maren Robinson

1-hour Class: \$25; Materials Fee: \$5

11:00am–12:00pm, Drama Room

Learn valuable sewing and pattern adjustment skills and techniques including measurements - ease, yardage estimates, adjusting patterns, proper fitting techniques, collars, zippers, sleeves, combining more than one pattern.

Instructor Bio

Maren Robinson started sewing at age 8, making the summer pajamas for herself and brothers and sisters, when spending time at Grandma’s. She continued sewing for her family, making her own suits, formals for her daughter and all the ski clothes for the family. She taught beginning sewing and making ski clothes. She took professional classes at the Fashion Academy in Southern California. After moving to Spanish Fork, became the costumer for the Community Theater.

*Nebo Chorale

Director, Rick Lunt

\$20 per semester

Practice: Every Tuesday (Jan - May)

from 7:00–8:30pm, American Leader-

ship Academy Choir Room. Perform-

ances: Easter Concert—Friday,

April 9, Provo Tabernacle; Spring

Concert—TBD, ALA Auditorium

The Nebo Chorale is a community choir for Spanish Fork and the surrounding area. All adults are invited to participate - no audition is required. This is a fun group that really enjoys music and singing. They present 4 performances throughout the concert season. The choir season goes from September to May of each year; they usually take the summer off. Even if you weren’t part of the Chorale for fall semester, please join us for winter/spring semester. The Easter concert will be combined with the Utah Valley Children’s Choir, the UVU Institute Choir, the Payson Civic Chorale, and the Nebo Philharmonic Orchestra. For more information call Kelly Williams, Chorale president, at 801-762-7360.

Director Bio

Rick Lunt has taught choral music for twelve years. His choirs are consistently ranked among the top performing groups in the nation, and recently his Spanish Fork High School Ambassadors won Grand Champion at a National Show Choir Competition in L.A. They also recently won the Lieutenant Governor’s Office 2008 Seasons of Service Award. Rick currently teaches choir and show choir at American Leadership Academy.

Additional arts classes offered through the Nebo School District Community School Program:

Cartooning Fundamentals, Dance/Hip Hop/Jazz for Moms, Beginning Guitar, Digital Photography, Adobe Photoshop (Beg & Adv), Pottery, Digital Scrapbooking. Visit www.nebo.edu/communityschool for registration and complete details.

UPCOMING EVENTS

March 18–20

Spanish Fork Community Theater will be holding auditions for its Summer 2010 production of Meredith Wilson’s *The Music Man* in March at Diamond Fork Jr. High School.

Auditions will be held March 18 & 19 from 6:00-8:30 pm and March 20 from 10:00 am - 1:00 pm. For more info see www.sfctonline.org or call Adam Cannon at (801) 420-8519.

**Other Arts Council info:
www.spanishfork.org/arts**